



# InnerActive Rhythms


Evidence-based rhythm and movement to build focused and connected communities.

STRATEGIC INTERVENTION FOR 21ST CCLC & TITLE I PROGRAMS

# The Challenge: From Chaos to Calm

School environments struggle daily with "unregulated" energy—especially during summer sessions when structure breaks down and behavior escalates. For administrators, the challenge is twofold: managing student behavior to prevent staff burnout, and meeting the strict evidence-based requirements demanded by 21st CCLC and Title I funding streams.

Most enrichment programs are just glorified babysitting. They fill time without measurable outcomes, leaving grant administrators unable to demonstrate ROI and teachers exhausted by lunchtime. The gap between what funders require and what programs actually deliver is costing schools resources—and costing students real developmental opportunity.

 InnerActive Rhythms is not an enrichment add-on. It is a strategic behavioral intervention.

## Unregulated Classrooms

Dysregulated students derail instruction and exhaust staff within the first hour of the school day.

## Teacher Burnout Crisis

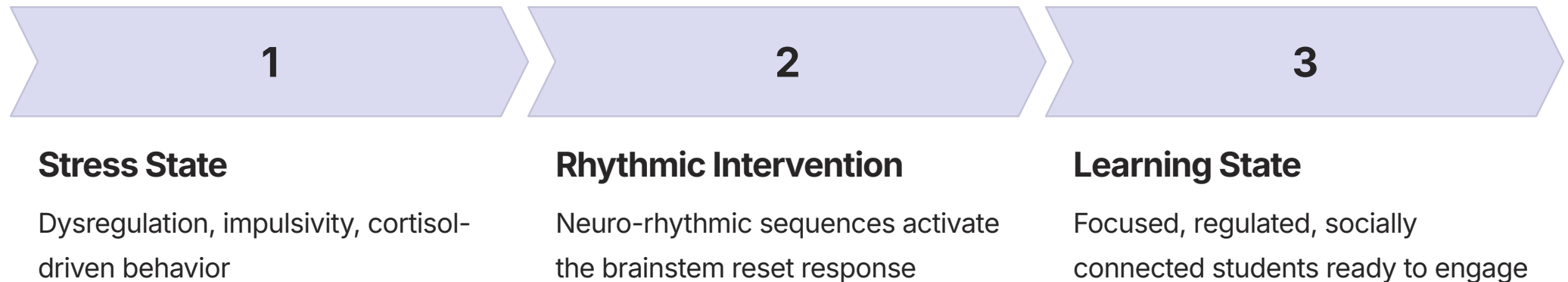
Behavior management consumes the time and emotional reserves teachers need for actual teaching.

## Funding Accountability Gap

Grant requirements demand measurable, evidence-based outcomes—most programs cannot deliver them.

# The Solution: The Neuro-Rhythmic Bridge

We bridge the gap between ancient rhythm and modern neuroscience. InnerActive Rhythms is not a music residency—it is a **high-engagement behavioral tool** designed to reset the nervous system, moving students from a state of stress into a state of learning-readiness.



# The 5 Core Benefits

Every element of InnerActive Rhythms maps to a measurable developmental outcome—giving administrators the data language they need to justify funding and demonstrate program impact.



## Focus

Resetting the brainstem to increase cognitive attention and on-task behavior across the school day.



## Self-Regulation

Physical, embodied tools for impulse control and emotional balance—skills students carry beyond the program.



## Joy

Releasing the neurochemicals that lower collective stress and create a positive, motivating learning environment.



## Community

Using interpersonal neural synchrony to build empathetic, synchronized teams and prosocial behavior.



## Cultural Literacy

Bridging social and cultural gaps through the universal language of rhythm—accessible to every student.

# Evidence-Based Credibility

## Rooted in Rigorous Science

Our methodology is grounded in two pillars of neuroscience research that grant reviewers recognize and respect. This is not anecdotal—it is documented, peer-reviewed, and defensible to any funder.

- Neurosequential Model — Dr. Bruce Perry
- Northwestern University Brainvolts Lab research
- Measurable outcomes aligned to grant reporting requirements
- Data-backed language for 21st CCLC and Title I justification

The nervous system must be regulated before a child can learn. Rhythm is the most ancient and reliable tool we have for achieving that regulation.

InnerActive Rhythms translates this science into a structured, repeatable program model. We provide the documentation, outcome metrics, and professional language your grant reports require—so administrators can demonstrate long-term ROI with confidence.

- ✔ We provide the data-backed language and measurable outcomes necessary to justify premium funding and secure program continuity.

# What We Deliver

InnerActive Rhythms provides a complete, turnkey intervention—not a one-day assembly. Every deliverable is designed to produce measurable outcomes and leave lasting capacity at your site.

## Master Facilitation

High-energy, performative leadership ensuring 100% student engagement from day one. Our facilitators are trained behavioral specialists and performing artists—not just musicians.

## Customized Curriculum

Tailored rhythmic sequences mapped to your site's specific behavioral goals, grade levels, and cultural community context. No two programs are identical.

## Sustainable Resources

Published educational books and materials designed to help your staff maintain student regulation year-round—long after the residency ends.



# Why Administrators Choose InnerActive Rhythms



**100%**

## **Student Engagement**

Guaranteed through high-energy performative facilitation methodology.



**2/2**

## **Funding Frameworks**

Meets both 21st CCLC and Title I evidence-based documentation requirements.



**3/3**

## **Deliverable Tiers**

Facilitation, curriculum, and sustainable materials—complete program coverage.

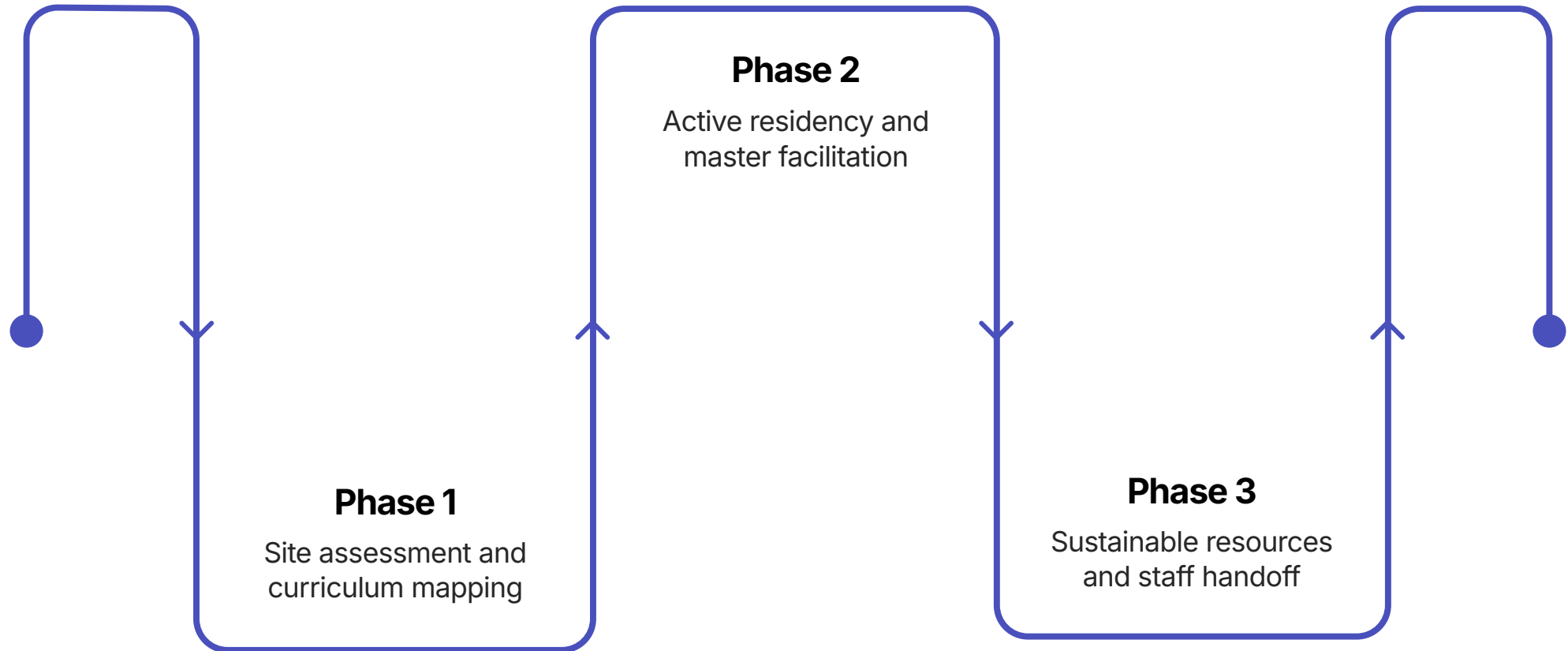
## **What Sets This Apart From Standard Enrichment**

Standard enrichment fills time. InnerActive Rhythms fills a measurable gap in your behavioral support strategy. The program integrates directly into your existing schedule, requires no prior musical experience from students or staff, and generates the documentation your grant administrator actually needs at reporting time.

## **Built for Grant-Funded Program Environments**

We understand the pressure of operating under 21st CCLC and Title I requirements. Every session is structured with observable outcomes, attendance-based metrics, and pre/post behavioral indicators that translate directly into your annual performance report language.

# Program at a Glance



Each residency is structured as a three-phase engagement—ensuring your site receives not just high-impact programming during the residency window, but lasting tools and staff capacity that produce measurable behavioral outcomes well beyond the final session.

# Securing 2026 Residency Windows Now

Summer 2026 placement is limited. Sites that commit early receive priority scheduling and curriculum customization lead time.

InnerActive Rhythms partners with a limited number of sites per season to ensure program quality and facilitator depth. If your program is planning its 21st CCLC or Title I enrichment calendar for summer 2026, now is the time to secure your window.

01

## Initial Consultation

A focused conversation about your site's specific behavioral goals, student population, and funding requirements.

02

## Proposal & Curriculum Mapping

We deliver a customized program proposal with documented outcomes aligned to your grant framework.

03

## Residency Confirmed

Your June 2026 window is secured and curriculum development begins immediately.

# Connect With Us


## Ty Andrews

### Creative Director, InnerActive Rhythms

Ty Andrews is the driving creative and pedagogical force behind InnerActive Rhythms—a performer, curriculum designer, and behavioral program specialist with deep experience in grant-funded educational environments.

To discuss a 2026 residency, request a program proposal, or learn more about how InnerActive Rhythms meets your evidence-based documentation requirements, reach out directly.

[TY@TYANDREWSCONSULTING.COM](mailto:TY@TYANDREWSCONSULTING.COM) / PHONE: 424-438-6306

 Residency windows for June 2026 are being secured now. Early inquiry is strongly encouraged.



### June 2026 Residencies

Limited placement windows available for summer programming.



### Custom Proposals

Tailored to your grant framework, student population, and site goals.



### Partnership Ready

Experienced with 21st CCLC and Title I program environments.